**7.2.1 - Two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.**

**Best Practices I**

**Title of the practice:** Organization of health camps and health promotional activities

**Objectives of the practice:**Following are the objectives of this practice:

* Organize different type of health checkup camps
* Organize blood donation camps to serve the need of healthy blood for the community.
* Create healthy human resource for the society.
* Create awareness about importance of good health among students

**The context:** Govt. K. H.College, Abhanpur, being placed in rural area has maximum students from different villages in its surrounding area. The plight of health services is not up to the mark in this area. Secondly most of the students are from financially weaker sections which are busy with earning their livelihood thus ignoring the importance of good health in life. The college is playing its guardianship to such students in terms of organizing such health checkup and health promotional activities.

Abhanpur area covers students from certain community where sickle cell anemia is a very common problem which affects the health of present as well as the future generations. Organization of sickle cell checkup camp is beneficial in overcoming this problem.

**The Practice:** Different kinds of health checkup camps are being organized in the institute under the collaboration of IQAC and Youth Red Cross Society of the college. The practice involves organization of Sickle cell checkup camp, Blood Donation camp, Eye checkup camp, general health checkup camp etc.

 In addition to this awareness about health related issues is generated by organizing programs like guest lectures, speech, poster and slogan making etc.

**Evidence of success:**

**Details of various camps organized in the college**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| S.N. | Session | Name of camp | Date | No. of Students took part  | Remark |
| 1. | 2017-18 | Sickling test | 15.11.17 | 98 | 20 students came positive |
| 2.  | 2018-19 | Sickling test | 14.12.18 | 202 | 25 students came positive |
| 3. | 2019-20 | Blood donation camp | 14.11.19 | 44 | 39 students were found eligible for blood donation |
| 4. | 2020-21 | No camp has been organized due to Covid-19 pandemic |

**Details of various health awareness activities organized in session 2020-21**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| S.N. | Name of activity | Date | No. of Students took part  |  No. of Students attended  |
| 1. | Poster, slogan making on AIDS awareness | 1-12-2020 | 10, 08 | - |
| 2.  | Speech on AIDS awareness | 12-01-21 | 12 | 42 |
| 3.  | Webinar on “Impact of pandemic Covid 19 on mental health and importance of vaccination” by the doctors of Dr. Bhimrao Ambedkar Memorial Hospital, Raipur | 08-06-21 | 81 | 81 |

**Problem encountered and resource required:**

* Hesitation and fear among students in taking part in such heath check-up camp.
* Social enigma among students especially in case of sickle cell, if tested positive which may create problems in setting their marriages.
* Fear of losing health after blood donation.
* Some students do not want to go through pain full experience.
* It is difficult for the overburdened staff to arrange such activity.
* Financial constrains.

**Best Practices II**

**Title of the practice:** Environmental conservational programs

**Objectives of the practice:**

* To create awareness about sustainable development and environmental conservation.
* Involve students towards plantation and other environmental conservational activities.
* To make students understand the importance of clean and green atmosphere.
* To keep the college and surroundings free from pollution.
* To make the college campus clean and green.

**The Context:**

Environmental pollution is a big problem faced by today’s world. Creating awareness about environmental issues among students and involving them in to environmental conservational activities is certainly a good practice towards combating environmental challenges.

**The Practice:** Different environmental conservational activities are being organized by various departments of the college.

I. Department of Chemistry and Botany has organized two days National Seminar on “Environmental conservation and sustainable development “on 16-17 January 2018. Under this resource persons from eminent research institutes have delivered lectures on environmental issues and its solutions.

II. Department of chemistry commemorates Plastic Bag Free day in the month of July (since International Plastic Bag Free day is celebrated on 3rd July) every year. In this program various activities are organized to make the students aware about bad effects of plastic on our environment.

III. Department of Botany organizes ‘Green Day’ every year in the month of July/August to make college community understand the importance of plant in our lives. Under this program plantation is done along with several other activities.

IV. College has MOU with green army which is an NGO for creating awareness and involving student in environmental promotional activities.

V. From Red Cross and NSS wing also environmental conservational activities and plantation is being done.

 **Evidence of Success:**

**I. Two days National Seminar on “Environmental conservation and sustainable development “ :** On 16-17 January 2018 Chhattisgarh Council of Scientific Research (CGCOST) sponsored seminar was organized, where 80 abstract from various research fraternity have been submitted. During the seminar 40 papers were presented.

**II. Celebration of Plastic Bag Free Day**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **S.N.** | **Academic Session** | **Date of Celebration** | **Activity Organized** | **No. of Students taken part** |
| 1. | 2018-19 | 27July 201828 July 2018 | Essay writing on ”*Mera prayas plastic bag mukt ho vikas*”Slogan/posterSpeech | 200906 |
| 2. | 2019-20 | 13 Aug 201914 Aug 2019 | Essay writing on ”*Mera prayas plastic bag mukt ho vikas*”Slogan/posterSpeech | 220907 |
| 3. | 2020-21 | 13 July 20 | e-Slogan/posteronline Speech | 1109 |

**III. Celebration of “ Go-Green Day” :**

|  |  |  |  |
| --- | --- | --- | --- |
| **S.N.** | **Academic Session** | **Date of Celebration** | **Activity Organized** |
| 1. | 2018-19 | 04-08-2018 | Slogan/poster making, plantation, Go Green rally  |
| 2. | 2019-20 | 10-08-2019 | Slogan/poster making, plantation, Go Green rally |

**Problem encountered and resource required:**

* Hesitation among students in taking part in such programs. Strong motivation is required.
* Proper care of new plants is required. Scarcity of man power makes it difficult.
* Some of the students/ NCC cadets have been assigned duties of taking care of plants but during vacations and exams it becomes difficult when they do not turn up to the college.
* It is difficult for the overburdened staff to arrange such activities.